

-2023-

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Salmon River CSD

All Students Eat For Free This Year

1% White Milk & Skim Chocolate Milk
Served Daily

2nd Choices:
Deli Sub or Deli Wraps, Yogurt & Fruit
Parfait, Sunbutter & Jelly Sandwiches
And Chef Salad

MS/HS- Salad Bar available each day!

USDA is an Equal
Opportunity Provider
and Employer

Peanut Products are not
served on the menu

2

Corn Dog
Nachos/Cheese
Dinner Roll
Broccoli
Applesauce

3

Breakfast for lunch
Cheese Omelet
(2) French Toast
Sticks
(1) Sausage
Hash Brown
Juice

4

Hamburger or
Cheeseburger on a
bun
Tator Tots
Baked Beans
Peaches

5

Baked Chicken
Mashed Potatoes
Dinner Roll
Green Beans
Fresh Fruit

6

Pepperoni or
Buffalo Chicken Pizza
Carrots
Cookie

9

No School
Indigenous Day

10

Chicken Tenders
Seasoned Rice
Dinner Roll
Broccoli
Applesauce

11

Hot Dog/Glazier on a
Bun
Fries
Baked Beans
Mixed Berries

12

Meatloaf
Scalloped Potatoes
Dinner Roll
Carrots
Fresh Fruit

13

Round Pizza
Green Beans
Goldfish
Mandarin Oranges

16

BBQ Rib on a Bun
Fries
Broccoli
Applesauce

17

Chicken burger on a
Bun
Homemade Mac &
Cheese
Baked Beans
Peaches

18

Turkey or Ham Sub
Baked Chips
Tossed Salad
Mixed Berries

19

Shepherd's Pie
Dinner Roll
Carrots
Fresh Fruit

20

Slice Pizza
Corn
Pears
Cookie

23

Hamburger or
Cheeseburger on a
Bun
Fries
Broccoli
Applesauce

24

Chicken Fajita Wrap
Lettuce/Tomato
Cheese/Sour Cream
Mexican Rice
Corn
Mixed Berries

25

Hot Ham & Cheese on
Croissant
Tomato Soup
Carrots
Fresh Fruit

26

Early Dismissal
French Bread Pizza
Green Beans
Doritos
Mandarin Oranges

27

No School
Superintendent's Day

30

Chicken Nuggets
Dinner Roll
Fries
Broccoli
Applesauce

31

October Birthdays
Halloween
Mummy on a Stick
Witch's Gruel
Jack o Lantern Teeth
Boo Cakes
Apple