

- 2023 -

# OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Salmon River CSD

All Students Eat For Free This Year

1% White Milk & Skim Chocolate Milk  
Served Daily

USDA is an Equal  
Opportunity Provider  
and Employer

Peanut Products are not  
served on the menu

2

Assorted Cereal  
Assorted Yogurt  
Toast  
Fruit Variety  
Assorted Juice

3

Assorted Cereal  
Toast  
WG Banana Muffin  
Fruit Variety  
Assorted Juice

4

Assorted Cereal  
Toast  
WG Cinnamon Roll  
Fruit Variety  
Assorted Juice

5

Assorted Cereal  
Toast  
Blueberry Bread  
Fruit Variety  
Assorted Juice

6

Assorted Cereal  
Tornado/Cheese Stick  
Toast  
Fruit Variety  
Assorted Juice

9

No School  
Indigenous Day

10

Assorted Cereal  
Assorted Yogurt  
Toast  
Fruit Variety  
Assorted Juice

11

Assorted Cereal  
Toast  
French Toast/Syrup  
Fruit Variety  
Assorted Juice

12

Assorted Cereal  
Toast  
Bagel/Cream Cheese  
Fruit Variety  
Assorted Juice

13

Assorted Cereal  
Tornado/Cheese Stick  
Toast  
Fruit Variety  
Assorted Juice

16

Assorted Cereal  
Assorted Yogurt  
Toast  
Fruit Variety  
Assorted Juice

17

Assorted Cereal  
Toast  
Pancakes/Syrup  
Fruit Variety  
Assorted Juice

18

Assorted Cereal  
Toast  
Sausage Egg & Cheese  
Muffin  
Fruit Variety  
Assorted Juice

19

Assorted Cereal  
Toast  
Chocolate Chip  
Muffin  
Fruit Variety  
Assorted Juice

20

Assorted Cereal  
Tornado/Cheese Stick  
Toast  
Fruit Variety  
Assorted Juice

23

Assorted Cereal  
Assorted Yogurt  
Toast  
Fruit Variety  
Assorted Juice

24

Assorted Cereal  
Toast  
Waffles/Syrup  
Fruit Variety  
Assorted Juice

25

Assorted Cereal  
Scrambled Eggs  
Toast  
Fruit Variety  
Assorted Juice

26

Assorted Cereal  
Toast  
Bagel/Cream Cheese  
Fruit Variety  
Assorted Juice

27

No School  
Superintendent's Day

30

Assorted Cereal  
Assorted Yogurt  
Toast  
Fruit Variety  
Assorted Juice

31

Assorted Cereal  
Toast  
Breakfast Pizza  
Fruit Variety  
Assorted Juice