

**BREAKFAST**

1% White and Skim Milk Served Every Meal  
Cereal & Toast Available Everyday

**OCTOBER 2019**  
**Salmon River Central School District**

Menu Subject To Change  
Without Notice

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pancake on a Stick Syrup Fruit Juice Milk	2 Tornado Fruit Juice Milk	3 Waffles Syrup Fruit Juice Milk	4 Banana Muffin Fruit Juice Milk
7 Yogurt Toast Fruit Juice Milk	8 Colby Omelet Toast Fruit Juice Milk	9 Cinnamon Roll Fruit Juice Milk	10 Pancakes Syrup Fruit Juice Milk	11 Plain Bagel Cream Cheese Fruit Juice Milk
14 No School Indigenous People's Day	15 Yogurt Toast Fruit Juice Milk	16 French Toast Sticks Syrup Fruit Juice Milk	17 Egg, Sausage & Cheese Muffin Fruit Juice Milk	18 Chocolate Chip Muffin Fruit Juice Milk
21 Yogurt Toast Fruit Juice Milk	22 Pancake Syrup Fruit Juice Milk	23 Oatmeal Toast Fruit Juice Milk	24 Breakfast Pizza Fruit Juice Milk	25 No School Superintendent's Day
28 Yogurt Toast Fruit Juice Milk	29 Waffles Syrup Fruit Juice Milk	30 Tornado Fruit Juice Milk	31 Colby Omelet Toast Fruit Juice Milk	



USDA is an Equal Opportunity Provider and Employer  
Peanut Products are no longer on the menu in Salmon River District

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