

S.R.C/ST. REGIS MOHAWK SCHOOL
MARCH LUNCH MENU 2010

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| <p>Mar - 1</p> <p>CHICKEN PATTY /ROLL OR A COLD SUB OR CHEF SALAD HASH BROWN PATTY CALIFORNIA BLEND FRUIT VARIETY MILK VARIETY</p> | <p>Mar - 2</p> <p>SLOPPY JOE ON A BUN OR CHICKEN RANCH WRAP OR CHEF SALAD SEASONED RICE GREEN BEANS FRUIT VARIETY MILK VARIETY</p> | <p>Mar - 3</p> <p>POPCORN CHICKEN / ROLL OR GRILLED CHEESE SANDWIC OR CHEF SALAD MASHED POTATO w/gravy PEAS & CARROTS STRAWBERRY SHORTCAKE MILK VARIETY</p> | <p>Mar - 4</p> <p>CHEESE PIZZA OR A COLD SUB OR CHEF SALAD CORN ROSY APPLESAUCE MILK VARIETY</p> | <p>Mar - 5</p> <p>TUNA ROUND OR EGG SALAD ROUND OR PBJ OR CHEF SALAD TOMATO SOUP CRACKERS BAKED CHIPS PICKLES TRAIL MIX MILK VARIETY</p> |
| <p>Mar - 8</p> <p>MEATLOAF /ROLL OR PBJ OR CHEF SALAD CHEESY POTATOES BABY CARROTS FRUIT VARIETY MILK VARIETY</p> | <p>Mar - 9</p> <p>HAM AND CHEESE MELT OR A COLD SUB OR CHEF SALAD CHICKEN & RICE SOUP VEGGIE & DIP 1/2 C FRUIT VARIETY MILK VARIETY</p> | <p>Mar - 10</p> <p>SPAGHETTI MEATSAUCE OR A COLD SUB OR CHEF SALAD ITALIAN BREAD TOSSED SALAD FRUITED JELLO MILK VARIETY</p> | <p>Mar - 11</p> <p>HOT DOG OR MICHIGAN/ROLL OR GRILLED CHEESE SANDWIC OR CHEF SALAD POTATO PUFFS COLESLAW FRUIT VARIETY MILK VARIETY</p> | <p>Mar - 12</p> <p>FISHBURGER /BUN OR CHICKEN RANCH WRAP OR CHEF SALAD MACARONI AND CHEESE GREEN BEANS TRAIL MIX MILK VARIETY</p> |
| <p>Mar - 15</p> <p>CHICKEN NUGGETS OR A COLD SUB OR CHEF SALAD SEASONED NOODLES BROCCOLI /CHEESE FRUIT VARIETY MILK VARIETY</p> | <p>Mar - 16</p> <p>TURKEY SANDWICH OR GRILLED CHEESE SANDWIC OR CHEF SALAD BEEF & MAC SOUP PICKLES BAKED CHIPS TRAIL MIX FRUIT CUP MILK VARIETY</p> | <p>Mar - 17</p> <p>SHAMROCK BURGER OR IRISH SUB GREEN CHEF SALAD IRISH POTATOES GREEN BEANS SHAMROCKCAKE MILK VARIETY</p> | <p>Mar - 18</p> <p>CHEESE PIZZA OR PBJ OR CHEF SALAD CORN ROSY APPLESAUCE MILK VARIETY</p> | <p>Mar - 19</p> <p>NO SCHOOL</p> |
| <p>Mar - 22</p> <p>NO SCHOOL</p> | <p>Mar - 23</p> <p>BBQ RIB /ROLL OR A COLD SUB OR CHEF SALAD POTATO PUFFS GREEN BEANS FRUIT VARIETY MILK VARIETY</p> | <p>Mar - 24</p> <p>SPAGHETTI MEATSAUCE OR TURKEY WRAP OR CHEF SALAD ITALIAN BREAD TOSSED SALAD FRUITED JELLO MILK VARIETY</p> | <p>Mar - 25</p> <p>CHICKEN / BISCUITS OR GRILLED CHEESE SANDWIC OR CHEF SALAD MASHED POTATOES PEAS & CARROTS CRANBERRY SAUCE PUDDING MILK VARIETY</p> | <p>Mar - 26</p> <p>TUNA ROUND OR EGG SALAD ROUND OR PBJ OR CHEF SALAD TOMATO SOUP CRACKERS PICKLES BAKED CHIPS TRAIL MIX MILK VARIETY</p> |
| <p>Mar - 29</p> <p>PEPPERONI PIZZA OR A COLD SUB OR CHEF SALAD CALIFORNIA BLEND FRUIT VARIETY MILK VARIETY</p> | <p>Mar - 30</p> <p>HAMBURGER /ROLL OR CHEESEBURGER /ROLL OR TURKEY WRAP OR CHEF SALAD OVEN FRIES VEGGIE STICKS /DIP FRUIT CUP MILK VARIETY</p> | <p>Mar - 31</p> <p>SPANISH RICE OR GRILLED CHEESE SANDWIC OR CHEF SALAD CORN FRUIT VARIETY MILK VARIETY</p> | | |

DAILY: ASSORTED LOW FAT MILK